

COMMUNITY WORK

WHAT IS HAPPENING WITH LATINOS IN UTAH AND COMMUNITY
BASE WORK?



SAMHSA's Working Definition of Recovery

A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

NOTE: Recovery is identified as a primary goal for behavioral health care. In August, 2010, SAMHSA and leaders in the Behavioral Health field, including people in recovery, came together to develop a common, unified working definition and set of principles for recovery. This definition will help advance recovery opportunities for all Americans and help clarify these concepts for peers, families, funders, providers, and others.

SAMHSA's Recovery Support Strategic Initiative Four Major Dimensions that Support Life in Recovery

Health Overcoming or managing one's disease(s) or symptoms –for example: abstaining from use of substances if one has an addiction problem-and manage recovery by making informed, healthy choices that support physical and emotional wellbeing.

Home A stable and safe place to live.

Purpose Meaningful daily activities such as job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income and resources to participate in society.

Community: Relationships and social networks that provide support, friendship, love and hope.

10 Guiding Principles of Recovery

Recovery emerges from HOPE

Recovery is PERSON-DRIVEN

Recovery occurs via MANY PATHWAYS

Recovery is HOLISTIC

Recovery PEER SUPPORT is supported by peers and allies

Recovery is supported through RELATIONSHIP and social networks

Recovery is CULTURALLY-BASED and influenced

Recovery is supported by addressing TRAUMA

Recovery involves individual, family and community STRENGTHS AND RESPONSIBILITY

Recovery is based on RESPECT

Concientización, Empoderamiento y Recuperación

AWARENESS, EMPOWERMENT AND RECOVERY




Video:

<https://youtu.be/lxQbgLiOEdg>

MISSION:

As a people-focused organization, the Latino Behavioral Health Services exists to enhance the mental health awareness and well-being of people with mental illness, their care-givers and loved ones through support, education, empowerment, facilitation of resources and services with competent responsiveness to cultural, socio-economic and linguistics characteristics.

Success in this mission requires a culture collaboration, search for excellence, leadership, and respect



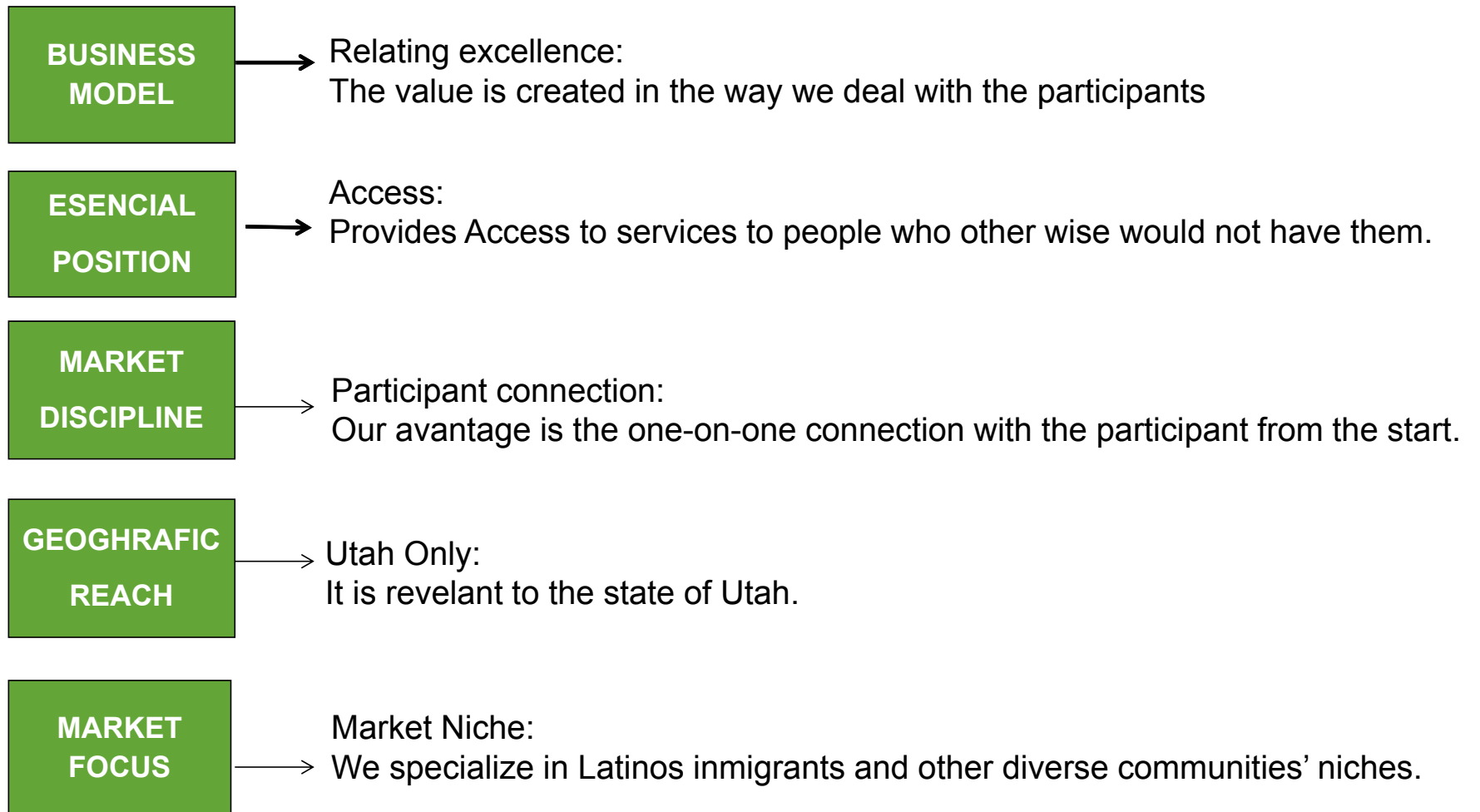


LBHS

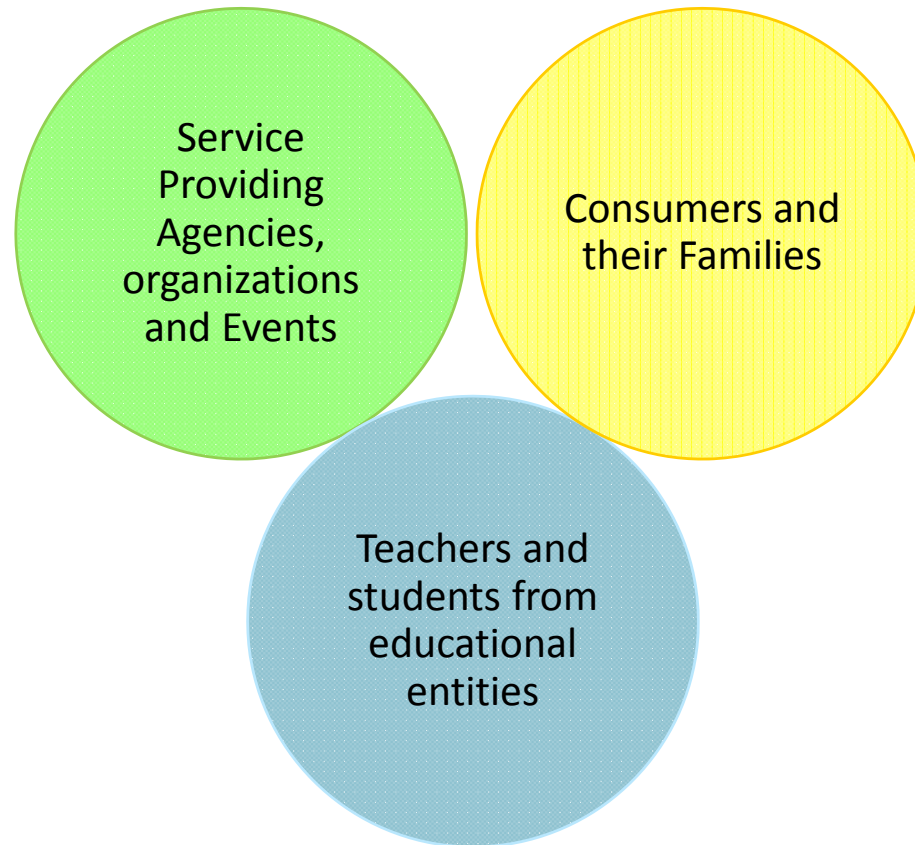
**LATINO
BEHAVIORAL HEALTH
SERVICES**

Competitive DNA

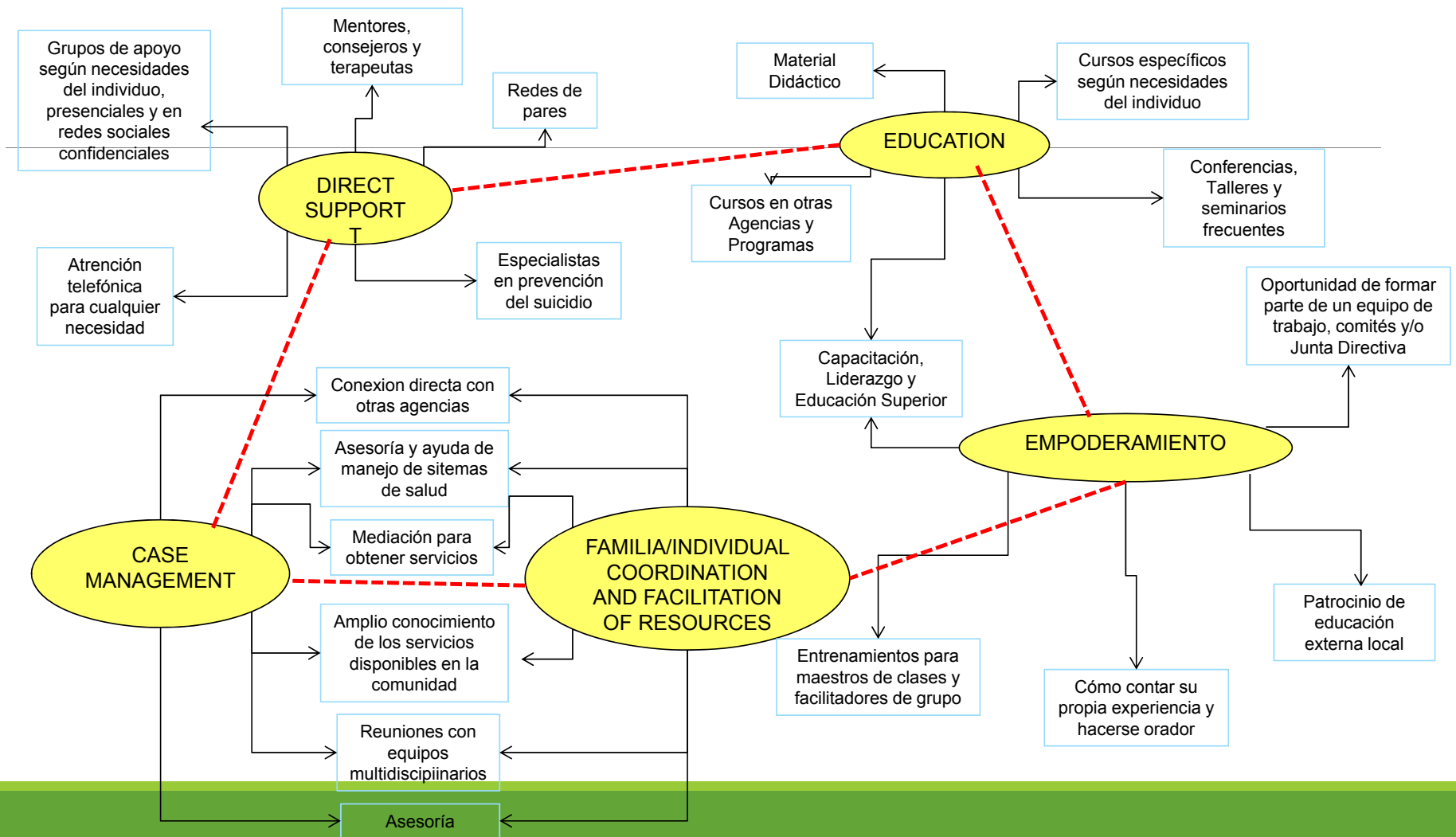




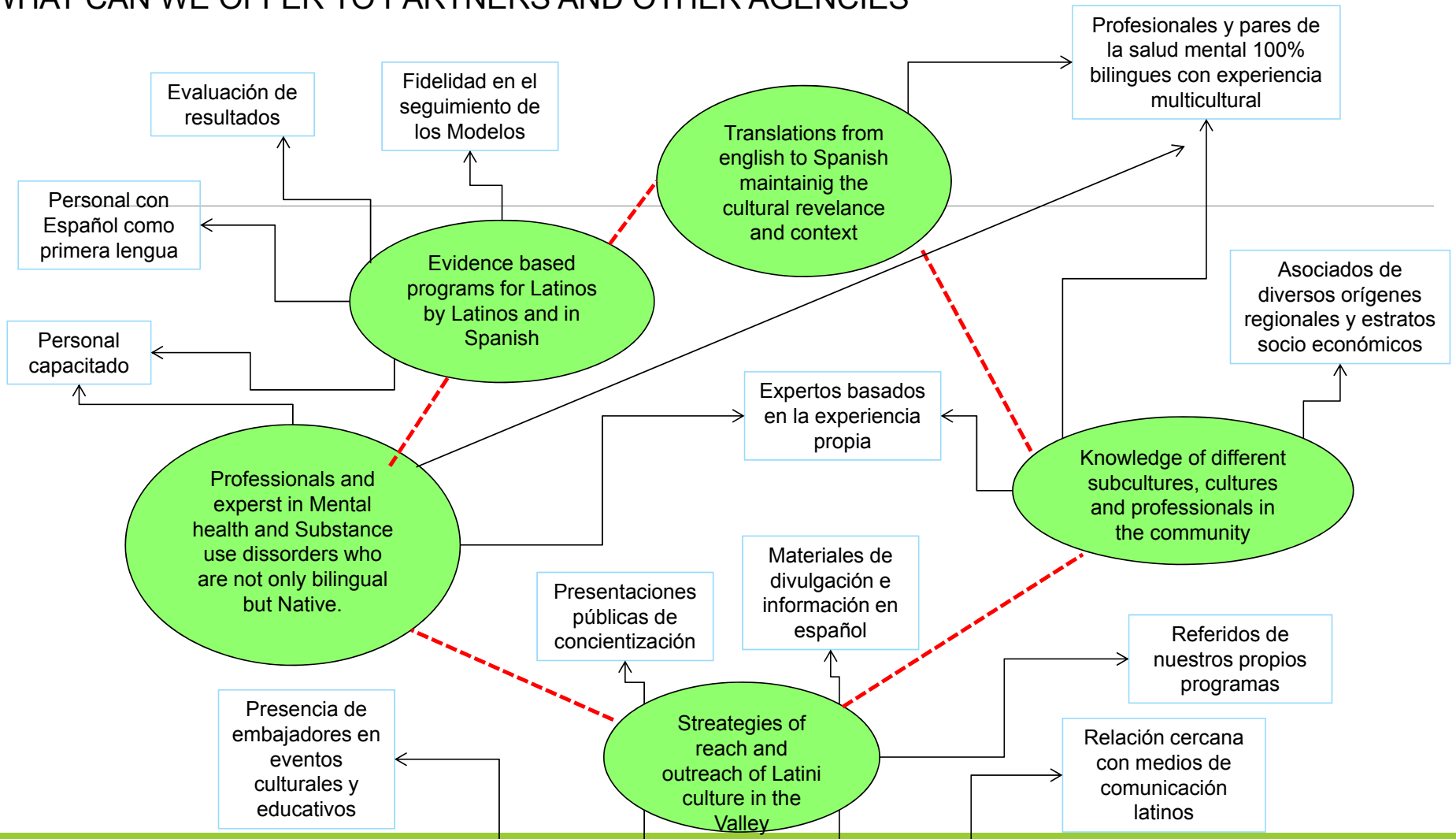
WHO ARE THE PARTICIPANTS AT LBHS



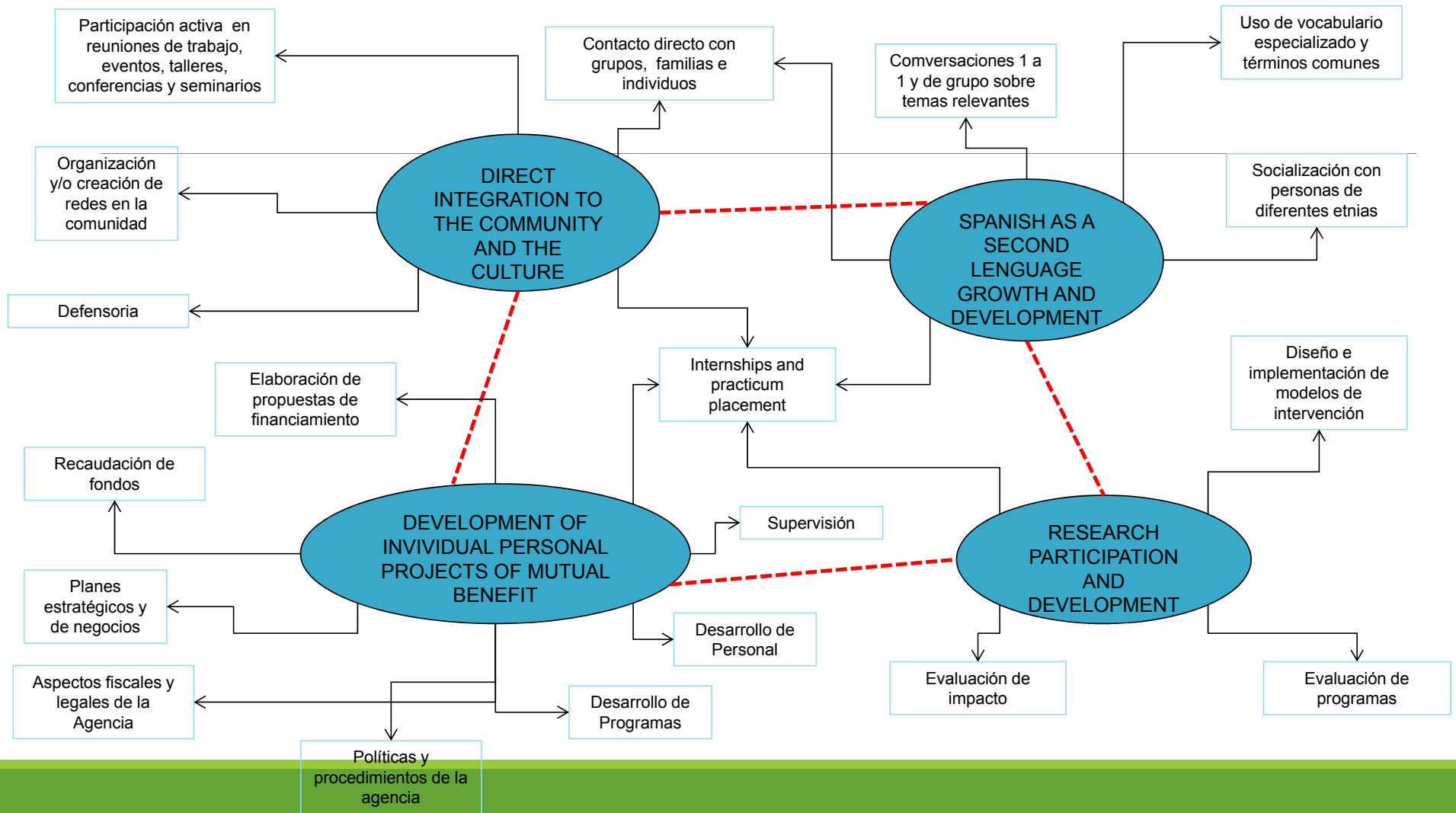
WHAT WE OFFER OUR PARTICIPANTS



WHAT CAN WE OFFER TO PARTNERS AND OTHER AGENCIES



WHAT WE CAN OFFER TO EDUCATIONAL ENTITIES



What is our Recovery Community Center?

- A physical location where recovery community organizations plan and deliver support and education services and resources.
- For example:
 - We hosts recovery support groups lead by peer community associates.
 - We conduct Addiction and Mental health education.
 - We Provide peer-to-peer support services.
 - We Provide Family and Community support.
 - We provide an environment where every participant has the opportunity to become an associate and then a leader through personal and professional growth, both in our programs and/or outside our programs